

CARDIOLOGICAL
SOCIETY OF INDIA
KERALA CHAPTER



ANNUAL CONFERENCE 2025

SCIENTIFIC PROGRAMME



NOVEMBER 1,2



Grand Hyatt - Kochi



Dear Colleagues,

Warm greetings from the Organizing Committee of the Cardiological Society of India - Kerala Chapter Annual Conference 2025, to be held in Kochi on 1, 2 November 2025 at Hotel Grand Hyatt, Kochi.

It gives us immense pleasure to welcome you to this prestigious event that brings together cardiologists, and post graduate students from across the state. In addition to the rich academic schedule, the conference offers ample opportunities for networking and professional collaboration. It is our hope that this event will foster meaningful exchanges between experienced clinicians and young cardiologists, encouraging innovation and collective growth in the field of cardiology.

Kochi, known as the Queen of the Arabian Sea, offers the perfect blend of science and serenity - an ideal setting for academic enrichment and meaningful networking.

We also take this opportunity to thank you for your participation and support, which are vital in making this conference a success. Your presence will undoubtedly enrich the discussions and contribute to the advancement of our shared goal - improving cardiac care and outcomes for patients worldwide.

We look forward to welcoming you personally at Kochi for what promises to be an inspiring and memorable scientific experience.

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Day 1 - November 1 - Saturday 2025

Time	Topic	Speaker
10.00 am - 1.45 pm	PG Track (Coordinators : Dr. Sajeer K, Dr. Rajesh Muralidharan)	
	Growing Together - A Meeting with dedicated Teachers	
10.00 - 11.00 am	Abstracts - Free Paper Award Session	
Judges :	Dr. R J Manjuran, Dr. Sudhayakumar N, Dr. K Venugopal, Dr. M N Krishnan, Dr. Zulfikar Ahmed	
11.00 - 12 noon	Abstracts - Case Reports	
Judges :	Dr. R J Manjuran, Dr. Sudhayakumar N, Dr. K Venugopal, Dr. M N Krishnan, Dr. Zulfikar Ahmed	
12 noon - 1.45 pm	♦ Approach to Multi-valvular Heart Disease - Clinical Features. Management Update	Dr. Govindan Unni
Chairpersons :	Dr. K Venugopal, Dr. Prabha Nini Gupta	
	♦ Restrictive vs Constrictive Physiology	Dr. Harikrishnan K N
Chairpersons :	Dr. Jagan Mohan Tharakan, Dr. Mathew Iype	
	♦ Diagnostic Angiogram	Dr. R Krishnakumar
Chairpersons :	Dr. Zulfikar Ahmed, Dr. Mathew Iype	
	♦ Hemodynamics of pulmonary circulation	Dr. Kader Muneer
Chairpersons :	Dr M N Krishnan, Dr, Suresh K	
	♦ ECG	Dr. Natarajan K U
Chairpersons :	Dr. Karunadas CP, Dr. Suresh	
	♦ Chest Radiograph in Heart Disease	Dr. C G Sajeew
Chairpersons :	Dr. Jayakumar T.G, Dr. Vinaykumar D	
	♦ Interesting Echo Cases	Dr. R J Manjuran
Chairpersons :	Dr. Sudhayakumar N, Dr. Raihanathul Misiriya	
1.45 pm - 2.30 pm	Lunch	
2.30 pm - 3.00 pm	Structural Interventions	
Moderator :	Dr. Ashish Kumar M	
Chairpersons :	Dr. C G Bahuleyan, Dr. Mahesh N K, Dr. Bijulal S, Dr. Louie Fischer, Dr. Anwar C Varghese	
	TAVI in Bicuspid Aortic Valve	Dr. Shafeeq Mattummal
	Self expanding vs balloon expanding valve - When and How ?	Dr. Rajiv C
	TransCatheter Edge-to-Edge Repair in MR - Practical Considerations in Procedural Success.	Dr. S M Ashraf
3.00 pm - 3.30 pm	Coronary Interventions	
Chairpersons :	Dr. Rajalekshmi S, Dr. P P Mohammed Musthafa, Dr. Mukundan C, Dr. Balakrishnan N, Dr. Sherif S, Dr. Haridas P V	
	Tips and tricks for coronary calcific plaque modification	Dr. C G Bahuleyan
	Strength and pitfalls of ROTA - ORBITAL and IVL	Dr. Deepak Davidson
	Peri procedural PCI injuries and management	Dr. Vinayakumar D
3.30 pm - 4.00 pm	Session - 3	
Chairpersons :	Dr. George Koshy A, Dr. Sheeba George, Dr. Sunil Roy T N, Dr. Jayesh Bhaskaran, Dr. Vinu A, Dr. Joseph Cardoz	
	DK crush and modification in bifurcation	Dr. Karunadas C P
	Approach to Dominant Ostial LCX lesion	Dr. Ramesh Natarajan
	Bifurcation PCI - Role OF HD IVUS	Dr. Manu R Varma
4.00 - 4.10 pm	Tea Break	

Time	Topic	Speaker
4.10 pm -4.40 pm	Session - 4	
Chairpersons :	Dr. Ramakrishna Pillai, Dr. Rajeev E, Dr. Renjukumar B C, Dr. Harsha jeevan, Dr. Sreekala, Dr. Jithu Sam Rajan	
	Zero contract angioplasty	Dr. N Pratap Kumar
	OCT for Bifurcation Stenting: What have we Learned ?	Dr. Rony Mathew
	Physiology guided coronary intervention	Dr. Rajesh Muralidharan
4.40 pm - 5.10 pm	Session - 5	
Chairpersons :	Dr. Padmaja M P, Dr. Jabir A, Dr. Saji Subramanian, Dr. Thomas Mathew, Dr. P V Girish, Dr. Vijin Joseph	
	DEB -Do's and Don'ts	Dr. Arshad M
	Hybrid strategy Metal Less PCI	Dr. N K Mahesh Kumar
	DEB - Interesting Cases	Dr. Mangalandan
5.10 pm - 5.40 pm	Session - 6	
Chairpersons :	Dr. Prasannakumar C K, Dr. Mohamed Iesa, Dr. Anil Balachandran, Dr. Shafiq Rehman M, Dr. Saritha Sekhar, Dr. Sulthan Raslin	
	Difficult cases of CTO-How to tackle ?	Dr. Anoop Gopinath
	My approach to CTO in 2025	Dr. Jimmy George
	MCS support in High risk PCI	Dr. Rajasekar Varma
5.40 pm - 6.10 pm	Session - 7	
Chairpersons :	Dr. Suresh Davis, Dr. Raghuram Krishnan, Dr. Thrudeep Sagar, Dr. Gopakumar M K, Dr. Sreejith A G, Dr. Krishnakumar A	
	Stuck Prosthetic valve	Dr. Sandeep Mohanan
	Stent Infection	Dr. Sajeer K
	GUT and CAD	Dr. D HariKrishna
6.10 pm - 6.40 pm	Session - 8	
Chairpersons :	Dr. C G Sajeev, Dr. Jacob Joseph, Dr. Jay Patam, Dr. Prakash, Dr. Pramod V K, Dr. Showjad Mohamed, Dr. Aneesh C R	
	Optimal PCI Strategy in HBR patient	Dr. Cibi Issac
	IVUS guided stent optimisation in primary PCI	Dr. Raveendran P
	Management of ISR - Current Scenario	Dr. Ravi Cherian
6.40 pm - 7:10 pm	Session - 9	
Chairpersons :	Dr. Anil Roby, Dr. V V Krishnakumar, Dr. Deepu Rajendran, Dr. Praveen S, Dr. Deepak Nandan, Dr. Viswanathan	
	How should I treat a Large Thrombus Burden in Coronaries	Dr. K P Balakrishnan
	Transcatheter Closure of Sinu Venosus ASD:Choosing the right case and correct hard ware	Dr. Edwin Francis
	OMI/ NOMI vs STEMI/NSTEMI, Paradigm shift	Dr. Cibu Mathew
7:10 pm	Dinner	

Day 2 - November 2 - Sunday 2025

Time	Topic	Speaker
8.30 - 9.00 am	Session - 1	
Chairpersons :	Dr. Markose K P, Dr. Johny Joseph, Dr. Arun Kumar G, Dr. Abhilash T G, Dr. E K H Jasheel, Sandeep R	
	A Holistic approach to Management of CKM	Dr. Blessen Varghese
	Exploring the comprehensive Cardiometabolic benefits of Semaglutide 2.4 mg : Beyond weight loss	Dr. Bino Benjamin
	Update on Pulmonary Embolism	Dr. Rachel Daniel

Time	Topic	Speaker
9.00 - 9.30 am	Session - 2	
Chairpersons :	Dr. Kunhali K, Dr. Koshy Eapen, Dr. Baiju R, Dr. Devarajan K A, Dr. George Koshy, Dr. Divakaran M G, Dr. Aju Ajay	
	Update on Hypertension What is new	Dr. S S Binu
	An update on management of infective Endocarditis	Dr. Sreethal Rajan
	Reversible Cardiomyopathy	Dr. Raihanathul Misiriya
9.30 - 10.00 am	Session - 3	
Chairpersons :	Dr. Sasikumar M, Dr. Madhu Sreedharan, Dr. James Thomas, Dr. Jossey Chacko, Dr. Dolly Mathew, Dr. Gopakumar K S	
	Left Bundle Branch Pacing in Heart Failure - An alternative to CRT	Dr. Meera R
	Rhythm management in AF	Dr. Praveen G Pai
	Role of Intra Coronary Imaging in ACS - Current Scenario	Dr. Sajan Narayanan
10.00 - 10.10 am	Tea Break	
10.10 - 10.30 am	Session - 4	
Chairpersons :	Dr. K A Chacko, Dr. George Thayil, Dr. Geevar Zachariah, Dr. Abdul Khader S, Dr. Stigi Joseph, Dr. Cherian George	
	HFpEF -Current Strategies of Management	Dr. S Harikrishnan
	Beyond ARNI : Upcoming Newer Pharmacotherapy in Heart Failure	Dr. P B Jayagopal
10.30 - 11.00 am	Session - 5	
Chairpersons :	Dr. Mohanan P P, Dr. Saji Kuruttukulam, Dr. K F Rajesh, Dr. Jaideep C Menon, Dr. S Nandakumar, Dr. Mathews Paul	
	Role of CT Calcium score in current Day practice	Dr. Mathew Iype
	Understanding LDL-C Variability : A Key to Better Cardiovascular outcomes	Dr. Vinod Thomas
	Targeting LP(a): Hope or Hype	Dr. V L Jayaprakash
11.00 - 11.20 am	Session - 6	
Chairpersons :	Dr. James F Shalom, Dr. Prabha Nini Gupta, Dr. Eapen Punnose, Dr. Mohanan K S, Dr. Philipose John, Dr. Sajan Ahmed Dr. Krishna Kumar Prabhakaran	
	Management of Young Hyperlipidaemia	Dr. Deepak Raju
	SCD in young -Indian perspective	Dr. Sujay Renga
11.20 - 11.40 am	Session - 7	
Chairpersons :	Dr. Umesan CV, Dr. Navin Mathew, Dr. P T Iqbal, Dr. Sujithkumar S, Dr. Ajaykumar R, Dr. James K J, Dr. Nigil Cletus	
	Trans Septal Puncture for MV interventions	Dr. Ramakrishna C D
	New era in the management of obstructive HCM	Dr. Hisham Ahmed
11.40 - 12 noon	Presidential Oration	Dr. Sivaprasad K
Chairpersons :	Dr. Suesh K, Dr. P K Asokan, Dr. SM Ashraf, Dr. P Raveendran, Dr. Anand Kumar, Dr. Paul Thomas, Dr. Vijo George	
12.00 - 12.30 pm	Inauguration	
12.30 - 2.00 pm	GBM & Lunch	
2.00 - 3.00 pm	QUIZ - Dr. R Krishna Kumar (Quiz Master) Dr. Sajeer K T, Dr. Rajesh Muralidharan (Quiz Coordinators)	
3.00 - 3.20 pm	Session - 8	
Chairpersons :	Dr. Anand Kumar V, Dr. Mathew Abraham, Dr. Prasad P Mani, Dr. Stanly George, Dr. Harikrishna K, Dr. Karol Joseph	
	Fetal Echocardiography and its impact on outcomes of CHD	Dr. Balu Vaidyanathan
	Heart Transplantation - Pre and Post Management	Dr. Jo Joseph
	Manage HFrEF or Maintain Optimal RAASi - Tackling the Dilemma of HF Treatment	Dr. Tahsin N
3.30 pm	Valedictory Function	

FREE PAPER AWARD SESSION

7 Min Presentation + 3 Min Discussion - 10 am - 11 am (1st Nov 2025)

Topic	Speaker
1. Coagulation abnormalities in cyanotic congenital heart diseases undergoing staged palliative surgery – a single center observational study.	Dr. Deepak George
2. Quality of life in heart failure patients in India using EQ5D5L tool and clinical outcomes.	Dr. Nimisha M. H
3. Clinical Profile of Heart Failure with Supra - Normal Ejection Fraction.	Dr. Richard Raj. R
4. Effects of cognitive behavioural therapy and physical activity on quality of life in patients with heart failure assessed by the EQ-5D-5L questionnaire - A randomized controlled trial.	Dr. Sedhupathi. S
5. Predictive Value of LV Mechanical Dispersion by Longitudinal Strain Echo and ECG Variables for Ventricular tachyarrhythmias in Post myocardial Infarction Patients with Severe LV Dysfunction.	Dr. Shafeek. A
6. Quality of Life Among Heart Failure Patients in India Using the Kansas City Cardiomyopathy Questionnaire (KCCQ)	Dr. Stalin. P

CASE REPORT FOR AWARD SESSION

7 Min Presentation + 3 Min Discussion - 11 am - 12 noon (1st Nov 2025)

Topic	Speaker
1. Aorta's Knot and Bubble : The Enigma of Congenital Kink and Dilated Root.	Dr. Ajmal N. M
2. Silent cause of an acute onset Heart Failure device closure of an unusual case of RSOV to RVOT.	Dr. Arun. N
3. Total Systemic Venous Drainage to Left Atrium in Left Isomerism : A Rare Anatomical Puzzle.	Dr. Deepak George
4. When a Murmur Speaks Louder : A Challenging Diagnosis and treatment of Ruptured Sinus of Valsalva Aneurysm.	Dr. Kunal Mahajan
5. Shadows in the Atrium : The Illusion Unveiled	Dr. Nisha Byju Rahim
6. Aneurysmal Pipe to Congested Pump	Dr. Shafeek. A

E-POSTER WITH CASE PRESENTATION FOR AWARD SESSION

5 Min Presentation + 2 Min discussion - 09.30 am – 10.45 am (2nd Nov 2025)

Venue : Near Main Hall

Topic	Speaker
Judges : Dr. Mangalanandan. P, Dr. Navin Mathew	
1. From birth defect to bacterial battlefield	Dr. Ajmal
2. Not All Bulges are Vessels : Decoding a Teen's Pulmonic convexity	Dr. Govind SMK
3. The story of an ischemic broken heart	Dr. Harikrishnan. G
4. A Constricted Heart: An Elusive Cause of Exertional Dyspnea	Dr. Lakshmi
5. Nightmare during angioplasty dissecting coronary perforation with	Dr Monisha D'Souza
6. DK Crush of distal Left Main Modification of strategy.	Dr. Musna P. J
7. Beyond Aortopathy:The Bicuspid Enigma	Dr. Sai Sharan
8. Aorta to right atrial fistula following minimally invasive AVR	Dr. Shuhaib. M
9. Looks can be deceptive: A Tale of Right Atrial Mass	Dr. Ziddi Linggi
10. Ball Valve Thrombus: the swimming sulprit on Echo	Dr. Vishnu. S

Organising Committee :

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